

AKDW Karate Camps

Day Camp for 6 -9 Year Olds



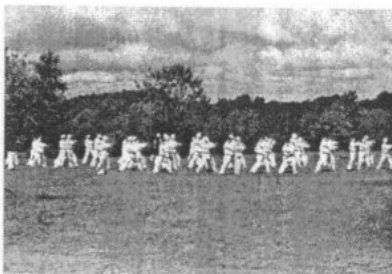
A day at the Karate camp in Lorraine, N.Y. for the children 6-9 years of age. Outdoor training, climbing wall, the Combat Course, and much more! From 10:00 a.m. until 3:00 p.m. the children will be able to train under conditions that are not possible in the Dojang. A good day of training, but not overwhelming for the small children.

The Weekender for 10 -13 Year Olds

A weekend at camp designed for this high energy group. The Combat Course, climbing wall, breaking classes, night training, and much more! From 10:00 a.m. Saturday until Noon Sunday the children will have almost non-stop excitement.



The Adult Camp



This four day camp offers classes in meditation, weapons, forms, the climbing wall, medical aspects of the Martial Arts, the Combat Course, and many other interesting classes that can't be taught at the Dojang. The camp is an integral part of our Martial Arts training and should be attended by all. But, it also is a place to form friendships with members of the association from around the U.S. and Canada to get to know the black belts who come from great distances to meet the students.