

AMERICAN KANG DUK WON ANNUAL TOURNAMENT

COMPETITOR'S INFORMATION

All competitors need to be at JCC by 9:30 a.m. for competitor's orientation.

Kata competition begins at 10:30 a.m. Rings will be assigned.

Please check the Kata Division sheet posted to be sure your name, belt, and division is accurate. If there is a discrepancy please go to the *Head Scoring Table* or see your instructor or any Black Belt judge.

Black Belt demonstrations will begin at 1:30 p.m.

Sparring competition starts at 3:00 p.m. You will need mouth guard, hand gear and foot gear.

Applications must be received by March 23, 2012.

If you have any questions please see your instructor or call the main office at
315-788-8402.