

# AMERICAN KANG DUK WON

## KARATE & SELF-DEFENSE

MAIN TRAINING HALL

Watertown Family YMCA

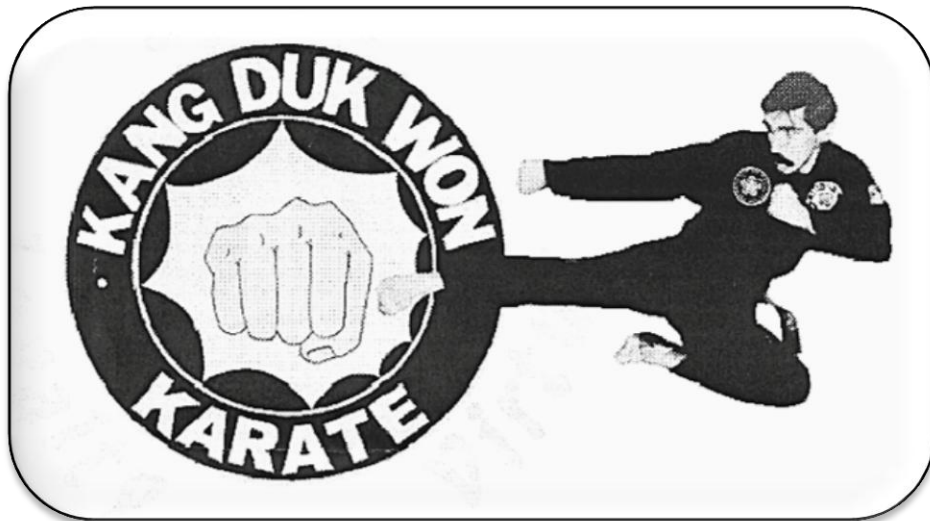
Washington Street, Watertown, NY

(Programs Since 1969)

PH. 788-8402 or 232-4019

NEW CLASS  
FOR 2015!!

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FOR 2015!!



3 Full Months of Lessons & Karate Uniform "Intro Offer" ONLY \$95

## Join Now! Class Forming!

~ January 9 to March 20 ~

\*NEW Beginners' Lessons: Friday 6:30-7:30pm\*

ALSO, Advanced Belts Individual Training: 7:30-8pm

Master Dan Jones, Instructor

Official Website: [americankangdukwon.org](http://americankangdukwon.org)

Personal Safety ~ Discipline ~ Fitness ~ Self-Confidence ~ Respect